

Strawberry Lemonade Iced Tea

Makes 6 servings

Ingredients:

- 4 cups brewed tea, cooled
- 1 packet sugar-free lemonade mix
- 1 cup thawed frozen strawberries, mashed
- Ice

Directions

1. Brew tea and allow to cool completely.
2. Stir lemonade mix into tea until dissolved.
3. Add mashed strawberries and mix well.
4. Serve over ice.



Fun Food Fact

Strawberries add natural sweetness and bright color to dishes without the need for extra sugar, and they are the only fruit with seeds on the outside, with each tiny seed actually being an individual fruit that gives strawberries their unique look and texture.