

## Advanced Palliative Practice Skills (APPS)

**All program materials are accessed online on the Partnering for Palliative Education platform through D2L's Brightspace Learning Environment.**

This program is designed for PSWs and Health Care Aides who are graduates of the Fundamentals of Hospice Palliative Care program and who have an interest in enhancing their knowledge and skills in palliative and end-of-life care.

### Program Expectations:

To receive a Certificate of Completion, learners will need to:

- Complete weekly **self-directed** readings, reflections, discussion forums and videos
- Attend and actively participate in all **3 live Virtual Classroom Sessions**
- Complete two Peer-to-Peer Exchanges

**Technology requirements:** access to an internet-enabled computer, tablet or smart phone enabled with a microphone and camera is required to access the learning platform and participate in virtual classroom sessions. If this is a barrier, please contact us. **To register please click on the course registration link near the bottom of the page.**

### Course Content

**The 8 week APPS program covers the following topics:**

- Welcome to APPS & e-Learning
- Roles in Caregiving: Therapeutic Communication & Self-Care
- Considering Advance Care Planning, Ethics, Loss & Grief
- Tools for Symptom Management including a Focus on Pain
- Psychological Issues & Spiritual Issues
- Skin Care and the Dying Process
- After Death Care and Bereavement

### Course Objectives

**Following active participation, learners will:**

- have an enhanced understanding and respect for the role of PSWs/Health Care Aides in providing a palliative approach
- be more self-aware when providing Hospice Palliative Care
- have an enhanced understanding of loss and grief
- be able to identify opportunities and strategies around symptom management
- have an enhanced understanding of comfort measures at end of life
- have an enhanced understanding of ethical challenges at end of life and actively contribute to a team approach

**Course Start Date: March 7, 2023** (learners will be expected to log into the D2L's Brightspace platform to access course readings and activities)

**Week 1:** Self-directed learning

**Week 2:** Self-directed learning and live virtual session

**Week 3:** Self-directed learning

**Week 4:** Self-directed learning

**Week 5:** Self-directed learning and live virtual session

**Week 6:** Self-directed learning

**Week 7:** Self-directed learning

**Week 8:** Self-directed learning and live virtual session

Register [here](#)

Location & Registration Link	Day	Dates of live virtual sessions	Times
Virtual Classroom	Tuesdays	March 21, 2023 April 11, 2023 May 2, 2023	6:00-7:30 PM

**Deadline for registration and refund is February 14, 2023**

**Course fee is \$20 as a limited time offer, regularly \$40! (non-refundable after deadline)**

**QUESTIONS? Please contact us at 905-827-8111 or toll-free at 1-800-426-9666**