

**March 2021 Newsletter**  
**Acclaim Health - Activity Newsletter**



**From all of your friends at Acclaim Health Adult Day Caregiver Support,  
we want to wish you a phenomenal March and a happy St. Patrick's Day!**

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**What's Going On In March?**

- International Women's Day (March 8th)
- Daylight's Savings Time (March 14th)
- St. Patrick's Day (March 17th)
- International Day of Happiness (March 20th)

***March 20th Marks the First Day of Spring!!!***

**Fun Facts!**

- The birthstones for the month of March are aquamarine and bloodstone
- The flower for the month of March is a daffodil
- The name March comes from the Roman god of war, Mars
- Britain used March 25th as the beginning of the New Year until 1752
- Easter is sometimes celebrated in March
- The zodiac signs in the month of March are Pisces and Aries

**March in Different Languages**



**Chinese - sanyuè**  
**Danish - marts**  
**French - mars**  
**Italian - marzo**  
**Latin - Martius**  
**Spanish - marzo**

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**Famous March Birthdays**

**Daniel Craig - March 2nd**

Daniel Craig is an English actor, best known for playing James Bond in his movie series. He will be turning 53 years old in 2021.

**Albert Einstein - March 14th**

Albert Einstein was a German theoretical physicist and is universally acknowledged as one of the greatest physicists of all time. He developed the theory of relativity. He would have been 147 in 2021.

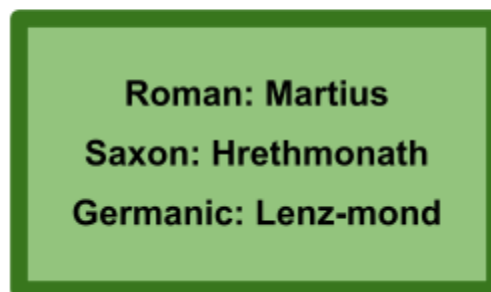
**THEODOR GEISEL (A.K.A. DR. SEUSS) - MARCH 2**

As a student at Dartmouth during Prohibition, Geisel was caught hosting a gin-soaked get-together and was banned from the school's humor magazine, the *Dartmouth Jack-O-Lantern*. To keep publishing he used his middle name as a pen name: "Seuss." The "Dr." came later.

**Fred Rogers - March 20**

Rogers wasn't just beloved by humans; Koko the gorilla was also a huge fan. The Stanford-educated Great Ape loved *Mister Rogers' Neighborhood*, and when Rogers took a trip to meet her, she not only embraced the television icon, but followed standard protocol based on what she'd seen on the show: she took his shoes off.

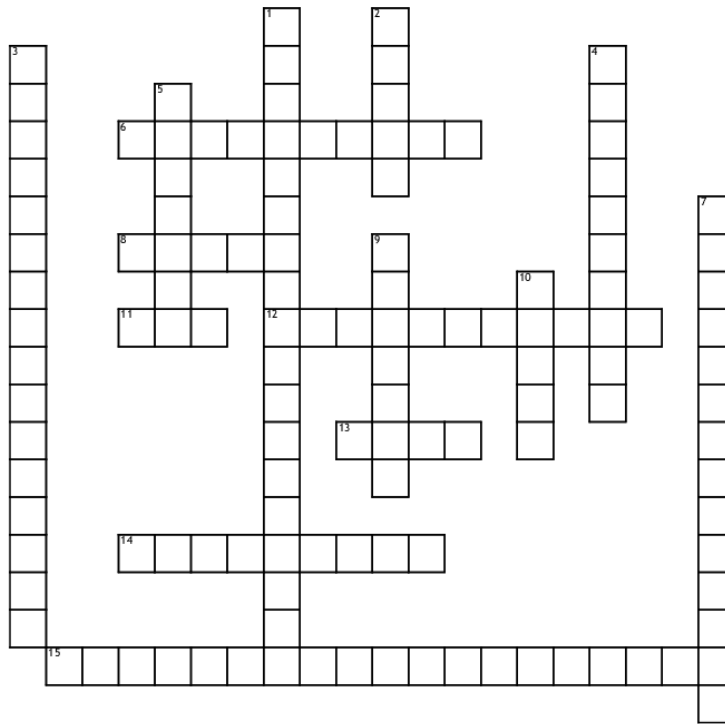
**Historical Names for March**



- ❖ **The Germanic historical name for March translates to Spring Month**

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## March Crossword



**Across**

6. What sport is March madness?
8. What you feel when you don't wear green.
11. Common Irish hair color.
12. One week break from school
13. Whats in the pot at the end of the rainbow.
14. Also known as a Shamrock
15. Begins on March 13th

**Down**

1. What is March declared as?
2. Day with a lot of math jokes on the 14th
3. Holiday on the 17th
4. Has a pot of gold at the end of a rainbow.
5. Some Irish people play these.
7. This plant could bring you good luck
9. Where you find a pot of gold.
10. The color you wear on St. Patrick's day

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**Black History Month**

1. Between 1850 and 1860, approximately 400 Black people settled in Oakville, representing 20 percent of the town's population of 2,000 people, according to the [city's archives](#). These free Black residents had escaped slavery through the Underground Railroad, along with the 36,000 other Black fugitives who made their way to Canada, which had abolished slavery in 1834 as part of Britain's Slavery Abolition Act.
2. Sixteen Mile Creek, today known as a popular hiking spot, was a common escape route. Robert Wilson, a white schooner captain, hid runaway slaves in his ship during his many journeys from upstate New York to Oakville. Those he helped would gather annually at his house, at 41 Navy Street — which still stands today — to recognize his significant contribution.

*Information Taken from TVO.org*

***Did You Know: March is the month when animals start to wake up  
from hibernation***

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S F N U S R P R S F Z R A R J  
L T Z U U P C I A R G Q S G M  
D Y P K A T R T G C W F H Y F  
A G K A E H T I O R M B W S X  
P D H O T U C S N A T K E A K  
O Z O W E R E E S G W G D R K  
Q V S S J K I K R X X N N G N  
Y N D R A B S C K P C D E I L  
F A C C H C L G K Q E X S D P  
Y O N S D R I B E S D L D R A  
Q A W F S D Y K Y F D U A A R  
P Y D L W R O O I X B A Y M A  
E G N A H C E M I T U Z Y O D  
Q M V N Q F M A Y A K T M O E  
Q S S H A M R O C K Z E P Q B

## WORD SEARCH

ASH WEDNESDAY

LEPRECHAUN

PANCAKES

SPRING

BIRDS

MARDI GRAS

PARADE

ST. PATRICKS DAY

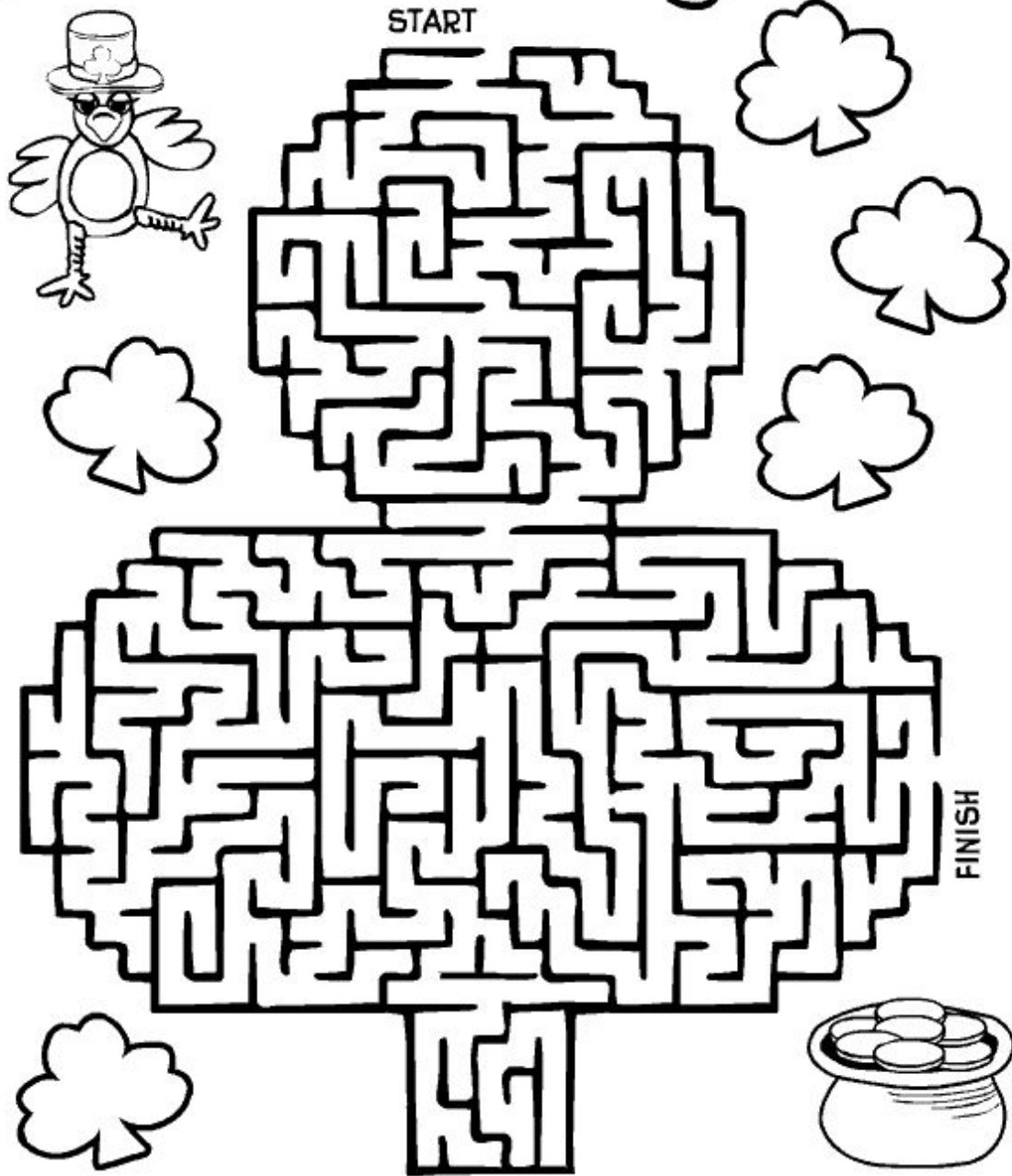
FAT TUESDAY

MASKS

SHAMROCK

TIME CHANGE

# St. Patrick's Day! Maze



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