

- 3. Place in the microwave and cook for 3 minutes. Carefully remove from microwave.
- 4. Stir in milk, nutmeg, and garlic clove. Cook for 3 to 4 minutes.
- 5. Remove garlic clove. Season with pepper.

Makes 8 servings

To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.