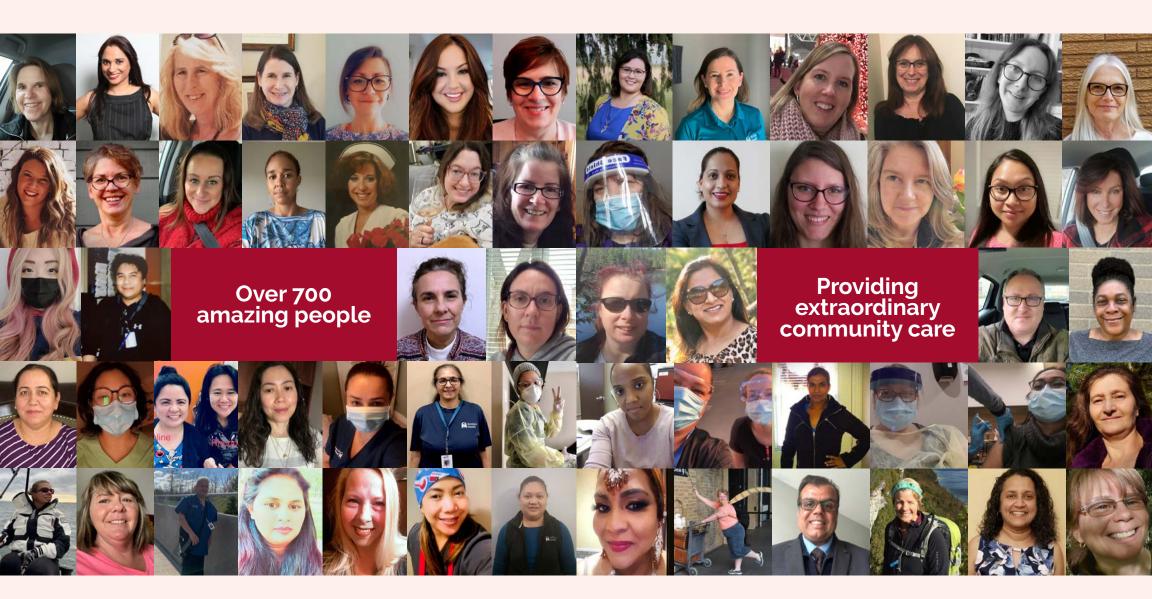
Acclaim Health Annual Report 2020 - 2021

#STRONG

#Strong *is caring for others*

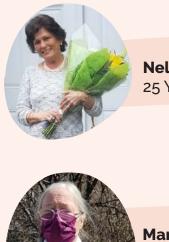
Our staff members have dug deep over the last year to care for you, your family, and this community in extraordinary ways. A huge, heartfelt thank you to our incredible team of caring people.



#Strong *is being the light in others' lives*

Our volunteers' care and support have been a lifeline to many, helping fight the social isolation many of us have heavily experienced during the pandemic. We cannot thank you enough for your incredible contribution to our community.

20+ Years of Volunteer Service







Margaret G. 20 Years



Jocelyne Brenda McElroy Tom Pettingill Marilou Tisado Bruce Head Ann Sault **10 Years Blaine Adams** Maureen Gravenish Niam Nasir Michelle Halliday Jim Powley Charolette Adams Mary Jane Cameron Shirley Kitchen Anne Read Kathy Desantis Maritza M. Slava. Gail Ginter M.M. **Jim Steeve 5** Years Margaret F. Mary Clare M. Alice Anthony Massari Annette Madeline Hanson Andrew Amatiello Sandra Hare Christie M.

15 Years

Alice Annette Andrew Amatiello Judy Bridgman Kristy B. Virginia Ceolin Elizabeth Doucette Lindsay Fedchyshyn Margaret F. Madeline Hanson Sandra Hare Kristen K. Janet Kawalez John Kidson J.L. Elena Latcu Susan Paijan Mary Clare M. Anthony Massari Christie M. Joy Pyrce Doug Richardson Colleen Richmond Mary Sibbing Darlene Smith Christine Walach

"Volunteering with Acclaim Health has given me a feeling of having done something worthwhile. I had a purpose in life to be a friendly visitor, and the friendships I have built have been very memorable. It has really contributed to my own well-being."

- Dave Page, Friendly Visiting Volunteer

#Strong *is moving quickly to help the most vulnerable*

Emergency Programs to the Rescue

The pressures of the pandemic created new and terrible challenges for many of the people we help. New supports were put in place quickly to blunt the impact of the pandemic and stabilize families.



Manal (left) is helping Maria with her at-home activity care package.

Respite Care for People Living with Dementia

Many families reached a breaking point when our Adult Day Programs were forced to close due to the pandemic. Caring for their loved one living with dementia 24/7, without rest, left people exhausted physically and mentally. With your

help, emergency funding from the United Way of Halton and Hamilton and several donors, we were able to offer 7,800 hours of in person, in home care for over 70 families.

The Struggle for Food Security

Food insecurity snuck up on almost 150 Acclaim Health clients during the pandemic. The reasons were as varied as the families themselves: changes in financial situations, health challenges, lack of transportation or access to food, or simply not eating due to social isolation or mental



Black Mentorship Inc. generously donated gift cards for our clients.

6

health challenges. Through funding from and collaboration with a variety of community partners, we provided 217 grocery hampers and gift cards, plus 1,128 meals.

"It's such a blessing...There have been times when it's gotten really rough. I owe a huge debt of gratitude."

-Jennifer Antunes, Caregiver to her Mom

COVID-19 Stats

- We cared for 292 patients who had confirmed or suspected COVID-19
- No patients contracted COVID-19 from an Acclaim Health interaction
- 9% increase in nursing visit volume
- 590,525 nursing and personal support visits were provided



Impact on Mental Health

As lockdowns have limited access to our normal support systems, many people have wrestled with their mental health and well-being.



Kevin and Muriel found joy again through our bereavement supports.

Grieving In Isolation

The death of a loved one is difficult under any circumstances. During a pandemic, it's worse. Many people could not be with their loved one who was dying due to travel restrictions or limits on visitors. Families were then left to grieve on their own, without the usual supports of ceremonies, gatherings, family, and friends. It's no surprise that demand has skyrocketed for

bereavement support – and people's support needs are more complex. Our Bereavement Counsellors provided 2,921 support sessions last year (an increase of 26%), with volunteers providing an additional 2,899 support sessions.

Volunteers Save the Day

Volunteers have not been able to visit their clients in person since the start of the pandemic in order to keep everyone safe. This has been very hard on everyone involved – some of our volunteers and clients have been matched for over 10 years! Our wonderful volunteers were undaunted. They provided companionship and support to many of our isolated clients through 19,799 calls, zoom sessions, facetimes and porch-drops. Wow!



Jennifer A. has been providing porch drops throughout the pandemic.

"Acclaim Health has helped me more than anything ever in my life, it has given me the hope, strength and the courage to see my way through all this."

-Muriel, Bereavement Client

Increased Loneliness Due to Pandemic

- 55% of isolated older adults in our Friendly Visiting program are more lonely
- 70% of people living with dementia in our Memory Visiting program are more lonely

#Strong is new ways of connecting people to care

Virtual Care

The pandemic has accelerated a shift to the digital world. We used virtual tools to reach more people, make care more accessible and help families better manage their care.

Power to the Patients



The AlayaCare Family Portal provides detailed medical information to caregivers and family members.

Want to check which Acclaim Health staff member is scheduled to provide your care? Want to know what your Mom or Dad's vital signs were after the Acclaim Health nurse visited? Our new Family Portal allows clients and their families quick, easy online access to their care schedule, vital signs, medications and more. Plus, we added the Caribou app which allows Private Care clients to book care with their preferred Acclaim Health staff member in just a few clicks – it's easier than ordering a pizza!

Radio Hours, Trips to the Tropics, Meditation and More!

Thanks to your incredible support, we were able to offer a vibrant, engaging and ever-changing online experience for clients and their caregivers. Over 450 virtual music hours, coffee chats, exercise programs and recreational hours provided new experiences, maintained social connections, and brought people joy. Although we can't wait to be back

Lynn Douglas, a caregiver, enjoying a virtual event with delivered lunch.

in person, we expect virtual programming will continue as a valuable way to increase access for clients, families and those on our waiting lists.

"It is truly an amazing thing you do. You have no idea your impact that truly helps us out in our daily life."

-Carolina, Caregiver

Virtually Connected

• 93% of families report that the virtual supports have helped them feel connected

#Strong *is the vision to get better, do better and care more*

Exponential Growth During a Global Pandemic...

...is not for the faint of heart. But when we have opportunities to better meet the needs of our community – we take them! On April 1, 2020 we merged with the S.E.N.A.C.A. Seniors Day



Our awesome nurses outside the new Burlington Nursing Care Centre.

Program, adding three Adult Day Program locations to our existing two. We expanded our Nursing Care Centre in Burlington – first by opening a temporary clinic in the downtown core to help take pressure off of the healthcare system, then by moving to a permanent, larger location to enable better physical distancing and to leave room for future growth. Lastly, we acquired CalaCare, a home care company, on December 1, 2021. Expanding these core programs means improved access to better integrated care for many of the families we help. Take that COVID-19!

Wage Parity for Home Care Heroes

Acclaim Health strongly believes that Nurses and Personal Support Workers (PSWs) should be paid fairly – no matter which healthcare setting they work in. Working in home care means they often face greater challenges: they work on their own and provide care in all sorts of home situations. This is a key

Angela Brewer, CEO, meets with Stephen Crawford, MPP

Acclaim

Health

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HEROE

social justice issue for Acclaim Health as a high proportion of people in these roles identify as women and people of colour. We have been advocating strenuously on our own and through our provincial associations – the Ontario Community Support Association (OCSA) and Home Care Ontario (HCO) – for wage equality across the healthcare system for our amazing frontline heroes. Because it's the right thing to do – not only for our staff members but for the healthcare system as a whole.

The Need for Fair Wages

- Home care PSWs make 19-24%¹ less than their counterparts in hospitals and long term care homes
- Home care Registered Nurses make 3-9%² less
- Registered Practical Nurses make 7-19%³ less

¹Long Term Care Staffing Study, Ministry of Long Term Care, Ontario, pg. 10. July 30, 2020. ²Long Term Care Staffing Study, Ministry of Long Term Care, Ontario, pg 12. July 30, 2020. ³Long Term Care Staffing Study, Ministry of Long Term Care, Ontario, pg 12. July 30, 2020.

#Strong *is a community creating innovative dementia care*



Patty's Place

We're excited to announce that the new dementia care centre will be called Patty's Place in honour of local physician, Dr. Patty Plaxton. Patty is living with early onset dementia – a diagnosis that she refuses to let define her. Inspired by her resilience, her friends and family successfully raised \$1.5M which will help fund the remaining construction costs. It's an amazing way to celebrate Patty's ongoing commitment to caring for this community. Go Patty!

The Homestretch

Patty's Place will be opening in a few short months! Construction is going full throttle in order to complete the centre on time. The two Adult Day Programs will move in during September and October, with the Overnight Respite Suites opening in early November. The push is also on to raise the remaining \$1.5M needed to fully fund Patty's Place.



Bonus: all donations made before September 30, 2021 will be matched 100%!

"From experience with Acclaim Health I know the new dementia care centre will be a haven for all of us - now and in the future - and will enrich not only the lives of our loved ones, but we the caregivers too. Thank you, thank you, and know that we couldn't do this without you."

-Gail Baleta, Caregiver

Patty's Place Stats

- Opening in fall 2021
- Centre will house two Adult Day Programs, eight overnight respite suites, caregiver café
- \$7.4M raised to date (including pledges), with \$1.5M left to go

#Strong is giving back

Courtney

Diamond

John Dieroff

Dougherty

Dunsford

Finlev

Fund*

Caskey

This list includes donors who gave \$500+ between April 1, 2020 to March 31, 2021.

A.W.B. Charitable Foundation Access Abilities Paula & Andv Aicklen AlayaCare Amica Georgetown Arbor Memorial Foundation Ardis Archer Kevin Arjoon Sarah Arjoon Susanne & Charles Armitage Gail Baleta Kim & Chris Bassett Christine Berry Jetta Bickford Joanna Blair St. John & Carolyn Blakeley Angela Brewer Sandra & Jim Bridges Ross & Lvnda Brvant Thomas Budd **Burlington Foundation** Burlington Lions Club Bill Burns Frank Burv Melissa Cameron Wendy & John Carlan Anna & Augy Carnovale Jane Cartwright John & Kimberley Catalano Charlie Caty Carol & Tom Chudleiah June and Ian Cockwell & Family **Conros Corporation**

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"Nearly five decades ago, Acclaim Health was there for me when I required nursing care. My wife Anna and I were so impressed with the care that we have been committed donors ever since. We continue to donate today because we want to make sure that extraordinary care is there for our community when they need it. When we give to Acclaim Health, we know our money will be used effectively and efficiently to help many others."

-Augy and Anna Carnovale, Donors

Estate of Eric McIlwrick Brian McNamara & Lori Wallace Paul & Liz McNamara Kelly McWilliams Dr. Sandra Mergler Andrew Merrick The Miller Family Foundation* Bill & Jane Milne Ruth Milne The Mitchell Family Foundation MMMC Architects Moez & Marissa Kassam Foundation Heather Morden Wanda Morey-Williams Mrs. B's GiftHouse Chuck Murray Chad Murray Jim & Janis Murray National Wireless Oakville Community Foundation Joanne & Al Oatridge Ontario Community Support Association Ontario Trillium Foundation Caribou

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Mario Velez

*Funds held within the Oakville Community Foundation

#Strong is a vision of extraordinary community care



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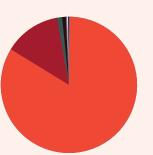
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Angela Brewer

"Thank you to all Acclaim Health staff for the effort each and every one of you has put forward during the past year. You continued, through very difficult times, to find innovative ways to overcome barriers that arose and made it possible for us to continue to reach our goal of providing extraordinary care to our community. I would also like to thank all of our clients for their understanding and cooperation during this unusual time and also for the gratitude you have shown us for the care we give. It is what kept us going through a difficult year."

-Lynn Johnston, Chair of the Board

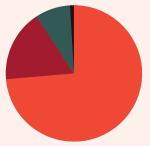
Financial Highlights



Total Revenues: \$33,677,232.51

- Home Care Contracts \$25,347,269.39
- Community Programs Government Funding \$7,213,214.91
- Community Programs Other Income \$57,167.34
- Grants \$557,799.00
- Donations \$307,227.77*
 - Other \$80,926.29
- Investments \$113,627.81

*Does not include \$5,812,547.73 in deferred capital contributions for Patty's Place.



Total Expenditures: \$33,404,056.10

Home Care Contracts - \$24,999,141.77 Community Programs - \$5,867,319.76 Management and Administration - \$2,253,784.29 Fundraising - \$283,810.28

Want to know more?

Full audited financial statements and a link to our charity tax returns (T3010s) are available at www.acclaimhealth.ca/about-us



2370 Speers Rd. Oakville ON L6L 5M2

Tel: 905-827-8800 Toll Free: 1-800-387-7127 Fax: 905-827-3390

www.acclaimhealth.ca



Funded in part by:





Acclaim Health provides nursing and personal support services under contract with Home and Community Care Support Services Mississauga Halton (NH) and Home and Community Care Support Services Hamilton Niagara Haldimand Brant (HNHB) in accordance with their programs and service guidelines. The views expressed are those of Acclaim Health and do not necessarily reflect those of MH, HNHB, Ontario Health or the Government of Ontario.

Charitable Registration Number: 11928 4602 RR0001