

Pain Assessment and Management for Nurses

This course provides nurses with the foundational knowledge and skills to understand and apply effective pain assessment and management in the context of a palliative approach to care. This course is designed for NPs, RNs, and RPNs working in any setting in the Halton/Peel region.

Program Expectations:

To receive a Certificate of Completion, learners will need to:

- Attend both full-day in-person sessions from 8:45AM to 4:15PM
- Successfully complete two written practical assignments

Course Learning Objectives:

- Define and describe pain in the context of whole person care
- Identify barriers to effective pain management
- Complete a comprehensive pain assessment
- Differentiate between different types of pain
- Describe the principles of pharmacological and non-pharmacological management of pain
- Describe opioid and non-opioid medications used in managing pain
- Apply conversion ratios between different opioids and routes of administration
- Manage common adverse effects of opioids
- Evaluate the effectiveness of pain management interventions

Disclaimer: This course does not focus on chronic primary pain. However, there are some similar guiding principles in pain assessment and management in the context of caring for someone with a life-limiting illness.

Location & Registration Link	Day	Dates of in-person sessions	Times
MH Regional Learning Centre 2030 Bristol Circle, Room 205 Oakville, Ontario L6H 6P5 Register here	Thursdays	May 21, 2026 June 18, 2026	8:45AM - 4:15PM

Deadline for registration and refund is May 4, 2026

Cost: \$90 includes all program materials, lunch and refreshments both days (non-refundable after deadline)

QUESTIONS? Please contact us at 905-827-8111 or toll-free at 1-800-426-9666